

# DiPAC-Pro Model Questionnaire : A psychological framework for patients with diabetes mellitus

Categorization of patients with diabetes mellitus according to the DiPAC-Pro model. Each statement could be rated on a scale from 1 to 5, where 1 means 'strongly disagree' and 5 means 'strongly agree'.

DiPAC-Pro Category	Strongly disagree (1)	Somewhat disagree (2)	Neutral (3)	Somewhat agree (4)	Strongly agree (5)
<i>Acceptance of Diagnosis</i>					
I have come to terms with my diabetes diagnosis					
I believe I have diabetes even when I do not experience symptoms.					
I often feel disbelief about my diabetes diagnosis					
Sometimes, I am unsure whether I truly have diabetes.					
I understand what diabetes is and how it affects my body.					
<i>Compliance with Therapy</i>					
I regularly follow the treatment plan outlined by my healthcare provider.					
I sometimes forget or choose not to take my diabetes medications.					
I find it challenging to maintain my diet and exercise regimen.					
I regularly monitor my blood glucose levels as advised. I always attend my scheduled appointments with my healthcare provider.					
<i>Prognosis (Long-Term Outlook)</i>					
I am hopeful about my ability to manage my diabetes in the long term.					
I believe that with proper management, I can lead a normal life despite having diabetes.					
I often worry that my life will be cut short because of my diabetes					
I think that it's impossible to lead a happy life with diabetes					
I am confident that I can prevent or delay diabetes complications through active management					